



Age UK Bromsgrove Redditch & Wyre Forest is a charity which supports older people across the districts of Bromsgrove, Redditch and Wyre Forest.

Our staff and volunteers are dedicated to promoting wellbeing and independence for over-50s, ensuring later life is a fulfilling and enjoyable experience.

To find out more about our services, volunteering opportunities and other ways that you might be able to support us, then please get in touch:

Age UK BR & WF
Bromsgrove District
51 Windsor Street
Bromsgrove
Worcester
B60 2BJ

Phone: 01527 570490

Email: enquiries@ageukbrwf.org.uk

Website: www.ageuk.org.uk/brwf

We look forward to hearing from you.

How to find us

Bromsgrove Men in Sheds

Unit 1, Metal & Ores Industrial Estate

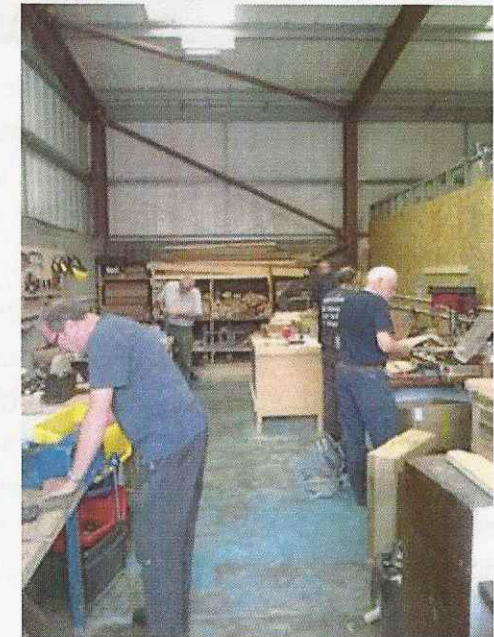
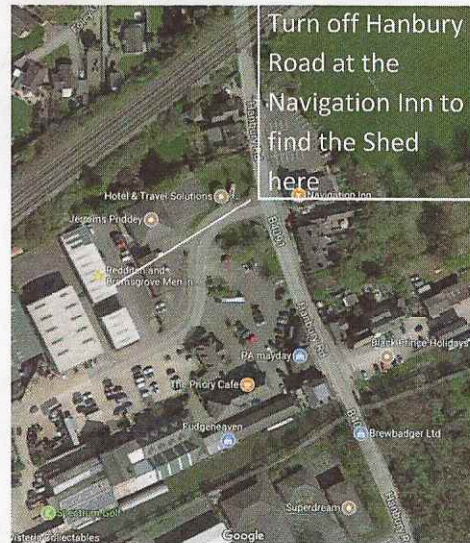
138 Hanbury Road

Stoke Prior

Bromsgrove

B60 4JZ

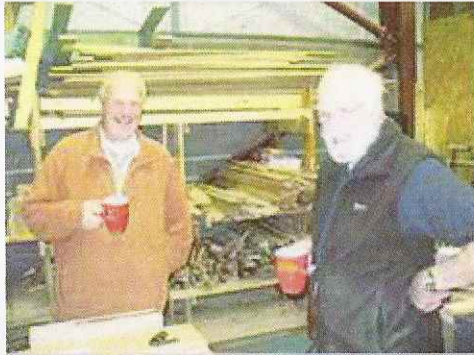
Google Maps: goo.gl/maps/fC3vvGX6djK2



“A supportive and friendly setting to socialise and learn new skills”

**Mondays to Thursdays
10:00am - 14:00pm**

Men in Sheds - Who we are



Good health is based on many factors including feeling good about yourself, being productive, contributing to your community, connecting with friends and maintaining an active body and mind.

Becoming a member of Men in Sheds provides a safe and busy environment where men and women can find many of these things in a friendly atmosphere. Most importantly, there is no pressure – people can just come and have a yarn and a cuppa if that is all they're looking for.

Members of Men in Sheds come from all walks of life – the bond that unites them is that they are people with time on their hands and would like something meaningful to do with that time.

How to support us

'Shedders' take on a variety of projects (some examples are below) which can be sold directly or through local Age UK BR & WF shops.



Requests are also taken for specific projects and some furniture renovation can be undertaken.

The money received for all items sold and work undertaken helps finance the project.

Donations

Donations of tools (unwanted, workshop clear-out etc.) and materials are always welcome, as are cash gifts to support the running of the project and to buy specific equipment to assist the activities.

How to contact us



If you or someone you know would enjoy 'Shedding' with us, then please get in touch:

Ed Carswell - 07478 250 217

Jim Collis - 07942 866 146

Contact us with any questions or call in and see us any time we are open.

You can also follow us on Facebook:



Bromsgrove Men In Sheds

@bromsgroveninsheds

